

CHAPTER 2

Requirements for the Practice of Therapeutic Massage

SHORT ANSWER: In the spaces provided, write short answers to the following questions.

1. What is meant by “the scope of practice”?

(The rights and activities legally acceptable according to the licenses of a particular occupation or profession.)

2. In states that have massage licensing, how is the scope of practice defined?

(By the definition of massage and by the educational requirements contained in the state regulations.)

3. In the United States, which jurisdiction might oversee regulations for massage?

(Regulations for massage may fall under the auspices of the state, the county, the municipality, or may not exist at all.)

4. What is the major reason for licensing massage therapists?

(To protect the health, safety, and welfare of the public.)

5. What is the role of national or state regulatory boards?

(To develop and upgrade professional standards and oversee testing and licensing procedures.)

6. Besides massage licensing laws and ordinances, what other laws must be followed when operating a massage business?

(local business and zoning laws)

TRUE OR FALSE: If the following statements are true, write *true* in the space provided. If they are false, write *false*.

- (false) 1. If a massage therapist is nationally certified, she can practice anywhere in the United States.
- (false) 2. Reciprocity means that if a massage therapist has a license in one place, she can practice anywhere.
- (false) 3. In a state that has massage licensing, if a licensed nurse or chiropractor wants to practice massage, she must obtain a massage license.
- (false) 4. The scope of practice for massage is clearly defined by national standards.

SHORT ANSWER: Of the following statements, put a check mark in front of the ones that may be grounds for revoking, canceling, or suspending a massage license.

- (X) 1. Having been convicted of a felony
- (X) 2. Being guilty of fraudulent or deceptive advertising
- (X) 3. Being engaged currently or previously in any act of prostitution
- (X) 4. Practicing under a false or assumed name
- (X) 5. Being accused of making sexual advances or attempting sexual acts during the course of a massage
- (X) 6. Prescribing drugs or medicines (unless you are a licensed physician)
7. Charging extremely high fees for the services provided
- (X) 8. Being addicted to narcotics, alcohol, or like substances that interfere with the performance of duties
- (X) 9. Being guilty of fraud or deceit in obtaining a license
10. Selling nutritional products or other non – massage-related items
- (X) 11. Being willfully negligent in the practice of massage so as to endanger the health of a client

COMPLETION: In the space(s) provided, write the word(s) that correctly complete(s) each statement.

1. A (license) is issued by a state or municipal regulating agency as a requirement for conducting a business or practicing a trade or profession.
2. A document that is awarded in recognition of an accomplishment or for achieving or maintaining some kind of standard is a (certification).
3. Ongoing training that is required to renew a license or certification is termed (continuing education).

MULTIPLE CHOICE: Carefully read each statement. Choose the word or phrase that correctly completes the meaning and write the corresponding letter in the blank provided.

1. *Scope of practice* defines _____ (a)

a) legally acceptable professional activities	c) specific techniques
b) medical ethics	d) geographical boundaries
2. If a client's condition is outside the massage technician's scope of practice, the technician should _____ (b)

a) schedule extra sessions	c) take more training
b) refer the client to the proper professional	d) refer to textbooks
3. The main reason for massage licensing is _____ (c)

a) to make sure that only people who graduate from special schools practice	c) to protect the health, safety, and welfare of the public
b) to ensure that only certain kinds of massage are practiced	d) to close down massage parlors
4. Testing and licensing of massage professionals is generally overseen by _____ (a)

a) a regulatory board	c) a professional massage association
b) the legislature	d) a local law enforcement agency
5. Being licensed in one city or state _____ validation in another location. (a)

a) does not guarantee	c) guarantees
b) requires	d) assumes

continuing education

(Continuing education is education pertaining to a profession that is offered beyond the core education required to enter the professional field. Many professions require continuing education to maintain a professional license or certification.)

license

(A license is a document issued from a state or municipal regulating agency as a requirement for conducting business or practicing a trade or profession.)

National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)

(The National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) was formed in 1990 to administer the National Certification Exam (NCE) for Therapeutic Massage and Bodywork. Several states now require the successful completion of the NCE as a qualification for massage licensing.)

National Certification Examination for Therapeutic Massage and Bodywork (NCETMB)

(National Certification Examination for Therapeutic Massage and Bodywork (NCETMB) is the test administered by the NCBMTB.)

scope of practice

(Scope of practice defines the rights and activities legally acceptable according to the licenses of a particular occupation or profession.)